



Pre-Surgery Instructions

Patient Information and Consent Form

Below is a list of pre-surgery instructions. Please read them carefully. **IF ANY ITEMS ARE MISSED OR NOT FOLLOWED, YOUR APPOINTMENT WILL BE CANCELLED AND YOU WILL NOT BE ELIGIBLE TO BE RESCHEDULED.**

- **NO EATING OR DRINKING AFTER MIDNIGHT THE NIGHT BEFORE YOUR APPOINTMENT (At least 8 hours prior)**

Any solids and/or liquids in the stomach may be thrown up during the procedure. The patient will then be at risk of asphyxiating on the vomit. This is life threatening and has been shown in history to be fatal. Surgery **WILL NOT** be performed if you have eaten or drank ANYTHING. NO mints, candy, or water unless otherwise specified.

- **MEDICATIONS (SUCH AS BLOOD PRESSURE MEDICATIONS) MUST BE TAKEN UNLESS OTHERWISE SPECIFIED**

Please continue any medications you are currently taking unless specifically requested by your general practitioner or specialist. A small sip of water is allowed when taking your medications (at least two hours prior to surgery). Our office must be notified of any and all medications that you are currently on. This vital information is required for our doctors to better plan for your treatment. If you have any inhaler or any other type of medications taken on an as needed basis, you must bring them to your appointment.

- **INSTRUCTIONS FOR PATIENTS WITH DIABETES**

-Do NOT take your diabetic pills the morning of surgery.

-If you use short-acting insulin, do not take that morning dose because you will not be eating breakfast.

-If you use long-acting insulin, take your normal nighttime dose and half your usual morning dose unless otherwise specified.

-Check your blood sugar before leaving home and bring your glucose meter. If it is below 70 or above 250, call our office before coming. Our doctor will determine if we can still do the surgery or provide other instructions.

- **FOR THOSE PATIENTS WHO ARE ON GLP-1 MEDICATIONS SUCH AS OZEMPIC**

-Hold daily GLP-1 medications the day of surgery

-Hold weekly GLP-1 injections for about 1 week before sedation.

- **A RESPONSIBLE ADULT MUST ACCOMPANY THE PATIENT TO THEIR APPOINTMENT**

The responsible adult must accompany the patient, stay in the office (or within the parking lot) throughout their procedure, and drive them home afterwards. The patient must be supervised for the following 3 hours and checked on every 15 minutes for an additional 2 hours. **DO NOT BRING ANYONE ELSE TO THE APPOINTMENT.**

- **PATIENTS UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY A PARENT OR LEGAL GUARDIAN**

If a patient under the age of 18 is not accompanied by a parent or legal guardian, their surgery cannot be carried out and their appointment will not be eligible to be rescheduled (Consent forms must be signed by legal parent).

- **IF YOU HAVE A COLD, SORE THROAT, OR UPSET STOMACH/BOWELS, PLEASE NOTIFY THE OFFICE**

If there is a possibility that the patient will be sick on the day of their procedure or days before, please notify the office immediately otherwise, you risk not being able to reschedule and forfeit any deposits.

- **PLEASE WEAR COMFORTABLE CLOTHING AND SHOES TO YOUR APPOINTMENT**

A short sleeved shirt is required for your appointment. A blood pressure monitor cuff will be used during the procedure. Restrictive or additional clothing between the cuff and bare skin will cause inaccurate readings. If it is cold, feel free to wear a sweater or jacket the day of your appointment, but please be prepared and have at least a short sleeved shirt underneath.

- **ANY NAIL POLISH, FAKE NAILS, MAKE-UP, FACIAL JEWELRY, CONTACTS, & PROSTHETICS MUST BE REMOVED**

To minimize complications during the surgery, please remove any facial jewelry, contacts, and/or prosthetics prior to your appointment. No make-up and no nail polish or fake nails. Our heart monitor clips onto the finger, if the finger nail is too long, if nail polish is used, or if the nail is fake, the equipment will not be able to function properly.

When we contact you to confirm your appointment, you must respond (or call back to confirm) or your appointment will be rescheduled. To have a permanent hold on your appointment time, a non-refundable deposit of at least \$100 will be required 4 days prior to surgery (will be returned if you have no balance). Appointment times do vary due to each patient's unique procedure. Your appointment time is a check-in time. You will be taken in once the previous patient has completed their surgery. Please arrive 10 minutes before your appointment. Please contact our office at least 72 hours prior to your appointment if the patient is unable to make it to avoid becoming ineligible to reschedule.

Patient's printed name

Signature of Patient or Authorized Signer

Date

Relationship of Authorized Signer to the Patient _____